



# CYCA

## County Young Coach Academy

We are pleased to announce the launch of the application process for the 2015-16 County Young Coach Academy across Milton Keynes and Bucks and we would like to invite you to apply to be part of this Academy.

The aim of the County Young Coach Academy (CYCA) is to identify, support and develop our coaches of the future by offering a programme of training, personal development and mentoring support delivered by experienced coaches.

The Academy will provide a pathway from school/ college leadership and volunteering programmes into coaching and possibly a career in sport by bridging the gap between school and community systems and signposting you to further opportunities.

The Academy is aimed at young people that want to develop as coaches, gain coaching qualifications or training and are committed to actively coaching within a school and/or community setting. Sessions will take place throughout the year and will be held in the evening/ weekends. A wide range of topics will be covered and may include the following; training needs analysis, high quality coaching, FUNdamentals of movement, strength and conditioning, first aid and diet & nutrition.

Any young person aged 15+ who would be interested in joining should complete an application form and return it to Nina Sweetland. Application forms can be downloaded from the LEAP website at [www.leapwithus.org.uk](http://www.leapwithus.org.uk). There will be a £30 joining fee for all successful applicants as a contribution towards the costs of a polo shirt/ hoodie and the annual CYCA programme of workshops.

If you require any further information, please do not hesitate to contact me.

Yours Sincerely

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